Gluten-Free Apple Cinnamon Muffins

Ingredients:

- 1 cup Gluten Free Muffin Mix
- 1 tsp cinnamon
- ¼ cup oil
- ½ cup milk
- 1 egg
- 1 cup diced apples

Nutrition Facts:

- Calories 280kcal
- Carbohydrates 47g
- Protein 3g
- Fat 6g
- Sodium 360mg
- Fiber 1g
- Sugar 18g

Serving Size: 1 muffin

Allergies:

Milk, Eggs